

GOLDEN NORTH OPEN™

is Presented by



Saturday March 15th at the Peterborough Sport and Wellness Centre

[Google Map link](#)

775 Brealey Drive, Peterborough On

Tournament Director Paul Teleki (paul@preferences.ca)

Chief Official Steve Sheffield, Chief Referee Patrick Lam

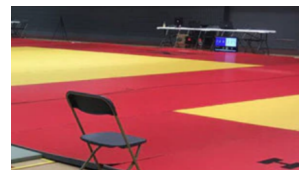
Chief Medic Aaron Rutter

Registration - **ONLINE ONLY**

Registration opens December 22nd, 2024

Late registration begins March 1st - March 11th, 2025

Super Late registration March 12th to 14th 2025 until 11:59pm



Register Here: www.ninjaacademy.ca

Registration Fees

All divisions \$65* (*\$5 from "1st division" fee is for JO Referee Development Fund)

Late registration (March 1st - March 10th) \$80

Super Late (March 11th to 14th) \$100

Extra divisions or Freestyle Judo \$35



THIS EVENT/CONTEST IS SANCTIONED BY AN ORGANIZATION OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO. SUPPORTED BY Ministry of Heritage, Sport, Tourism and Culture Industries



Referees

Referee's planning to officiate should present themselves to the Chief Referee for roll call at 8:30 am on Saturday morning. For more information about registering as a referee, please go to the referee registration found at www.ninjaacademy.ca

Referee Eligibility: Referees must be paid up members of Judo Ontario with minimum Regional, or other Provincial/Territorial associations, or IJF recognized Association with similar certification

Volunteers

Anybody willing to volunteer should contact Sensei Paul Teleki at paul@preferences.ca Please email tournament director Paul Teleki with your intent to volunteer and the length you are willing to stay. We have various areas that are needed to be covered. Also, any Judoka that are high school students that need community hours can have them signed off by Paul Teleki.

Awards

1st, 2nd and two 3rd place medals will be awarded as per Judo Canada guidelines. Medals will be awarded as each division finishes.

Weigh-ins

Weigh-ins will be submitted ahead of time through online registration and will also be conducted during the registration period (8am to 11am) on the day of the competition at the tournament site. First block 8am to 9:30am, second block from 9:30am to 11am*. If your weight is 1+ kgs different between registration date and tournament date, please send your updated weight (online submission) to paul@preferences.ca by the latest March 13th 2025 at noon. **Please note:** a difference of 1+ kilograms between online submission and day-of weight will result in an administrative fee of \$10.

* Times are subject to change depending on number of registrations, athletes will be notified

Note: All participants must come to sign-in with their 2024-25 Judo Canada number.

All athletes must weigh-in wearing their judogi pants and a t-shirt **with no exceptions.**
No stripping of clothing will be allowed.

Allowances are as follows:

U10-U12 where the maximum weight difference between the lightest and heaviest competitor is more than 15% of the lightest competitor, the division will be split into appropriate weight groupings.

U14-U21 600 grams

Senior & Veterans 800 grams

Rules and Eligibility

- All paid up members of Judo Ontario and/or other Provincial Associations
- Judo Canada membership
- White judo gi's are mandatory for all ages. We will have blue and white belts accessible to athletes for expediency and sport accessibility. Competitors can also bring their blue judogi insofar as it conforms with the regulations of fitting and labeling under IJF standards and does not delay the shiai.
- IJF Current Rules Modified by NSO & PSO Regulations apply.
- True double elimination.
- Round robin if needed.
- The Tournament Director with the approval of the Chief Official reserves the right to delete, combine, or alter any category or division if necessary, for the successful running of this tournament.
- Any division changes affecting minors must have parental written consent of all competitors in NEW/RECEIVING DIVISION.
- Any division changes affecting adult competitors must have the written consent of all competitors in the receiving division.

Competition Schedule

Saturday, March 15th 2025 (at Peterborough Sport and Wellness Centre)

8:00 am – Mats are open for Performative Judo Demonstrations (see final page)

8:30 am – referee roll call

9:00 am – Shiai commences with First block: U16, U14, U12, U10, Second Block: U18, Seniors, U21, Veterans

Shiai may have staggered weigh-ins throughout the day

Order of Divisions

U14 & U16

U10 & U12

U18

Veterans

U21

Seniors

Divisions

Age groups will be split up by weight according to the weight divisions set out below and by the following belt rank groupings:

U10-U12*

- NOVICE: Yellow-Orange
- INTERMEDIATE: Green and up

U14-U16*

- NOVICE: Yellow-Orange
- ADVANCED: Green and up

U18-U21-Seniors-Veterans*

- NOVICE: Yellow-Orange
- INTERMEDIATE: Green-Blue
- ADVANCED: Brown-Black

*belt rank groupings will ultimately be decided by the Tournament Director based on registrations. Half ranks are treated as the lower half (i.e. orange-green is treated as orange).

U10 - Scored randori. There will be no losers Born: 2016-2017 Ranks: NOVICE: Yellow/Orange; INTERMEDIATE: Green and up No chokes or armlocks. Modified Medical Rules. See Below Duration: 2 minute matches with no stoppage time. No Golden Score.
Mixed divisions in accordance with NSO/PSO rules.

U12 [Tournament Director may apply mixed gender divisions] Born: 2014-2015 Ranks: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue No chokes or armlocks. Modified Medical Rules. See Below Duration: 2 minute matches. No Golden Score.	
U12 Male Weight Divisions of 2-5 athletes will be compiled after weigh-in has been completed.	U12 Female Weight Divisions of 2- 5 athletes will be compiled after weigh in has been completed.

<p>U14 Born: 2012-2013 Ranks: NOVICE: Yellow/Orange; INTERMEDIATE: Green and up No chokes or armlocks. Modified Medical Rules. See Below Duration: 3 minute matches. No Golden Score</p>	
<p>U14 Male Weight Divisions: -32kg, - 35kg, -38kg, -42kg, -46kg, -50kg, 55kg, -60kg, -66kg, +66kg</p>	<p>U14 Female Weight Divisions: -30kg, 33kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, +63kg</p>

<p>U16 Born: 2010-2011 <i>and as per Judo Canada's Early Bloomer Clause</i> Ranks: NOVICE: Yellow/Orange; INTERMEDIATE: Green and up No chokes or armlocks for Novice Ranks; chokes for Intermediate. Modified Medical Rules. See Below Duration: 3 minute matches. Golden Score is applied.</p>	
<p>U16 Male Weight Divisions: -38kg, -42kg, 46kg, -50kg, 55kg, -60kg, -66kg, -73kg, +73kg</p>	<p>U16 Female Weight Divisions: -36kg, -40kg, 44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg</p>

Note - Modified Medical Rules: All U14, U16 and U18 contestants will be allowed two one minute free medical examinations per competitor per match (does not include treatments for bleeding) without penalty. A third examination for the same injury to the same competitor in the same match will result in their opponent being awarded the win by "Kikengachi". All incidents of bleeding in these two age categories will be dealt with in accordance with current IJF Competition Rules, Article 29 (Bleeding Injuries).

<p>U18 Born: 2008, 2009, 2010 <i>and as per Judo Canada's Early Bloomer Clause</i> Ranks: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue; ADVANCED: Brown/Black No chokes or armlocks for Novice Ranks. Modified Medical Rules. See Above Duration: 4 minute matches. Golden Score is applied.</p>	
<p>U18 Male Weight Divisions: -50kg, 55kg, -60kg, - 66kg, -73kg, -81kg, - 90kg, +90kg</p>	<p>U18 Female Weight Divisions: -40kg, 44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg</p>

U21

Born: 2005, 2006, 2007, 2008, 2009, 2010

and as per Judo Canada's Early Bloomer Clause

Ranks: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue;

ADVANCED: Blue/Brown/Black No chokes or armlocks for Novice Ranks. Modified Medical Rules. See Above Duration: 4 minute matches. Golden Score is applied.

U21 Male Weight Divisions:

-60kg, -66kg, -73kg, -81kg, -90kg,
-100kg, +100kg

U21 Female Weight Divisions:

-48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg

Seniors

Born: 2010 and earlier

Ranks: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue;

ADVANCED: Blue/Brown/Black No chokes or armlocks for Novice Ranks. Modified Medical Rules. See Above Duration: 4 minute matches. Golden Score is applied for all ranks except for Novice.

U21 Male Weight Divisions:

-60kg, -66kg, -73kg, -81kg, -90kg,
-100kg, +100kg

U21 Female Weight Divisions:

-48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg

Veterans

Born: 1995 and earlier

Ranks: NOVICE: Yellow/Orange; INTERMEDIATE: Green/Blue; ADVANCED: Blue/Brown/Black Chokes and armlocks permitted for Green and above.

Duration: Up to M7/F7 3 minute matches. Golden Score is applied (M7/F7 2min match, 1 minute Golden Score)

Veterans Male Weight Divisions:

-73kg, -81kg, -90kg, -100kg, +100kg

Veterans Female Weight Divisions:

-52kg, -63kg, -78kg, +78kg

Freestyle Judo Demonstration

In order to cultivate the spirit of Judo through creative means, the Golden North Open™ will launch a new event called Freestyle Judo where pairs or singles of Judoka will be able to put together a routine and perform it in under 5 minutes. The performance can be akin to kata routines and use elements of Judo theory and practice. The event will be judged using 5 key categories: originality, structure, physical difficulty, efficiency, and benefit to Judo. Each category will be evaluated using a score of 1-10 by each judge and averaged to provide a final score. Competitors will all receive a recognition of their contribution to this inaugural event, evaluations will be shared with competitors. Competitors will be divided into different age/belt groups as listed for shiai, deferring to oldest and highest rank in the pair.

How the Freestyle Judo Competition works

- 1) Register as Single or as a Pair (\$35) www.ninjaacademy.ca
- 2) Any age Judoka (pair defers to oldest and highest rank)
- 3) Use of Judo techniques, kata, forms, randori and theory can be used
- 4) Competitors must perform without speaking (kiai is allowed)
- 5) Coaches can silently support performance off the presentation area
- 6) Striking (where contact is made) is not permitted
- 7) Techniques that are banned from regular shiai for safety reasons are not permitted (like: Kani basami, kawazu gake, do-jime, leg locks, throwing with armlocks or chokes) and age/grade specific limitations from the rules matrix
- 8) Presentation area is inside 8x8 metre space

Please send the following information when you register online:

- 1) Name of Competitor(s)
- 2) Age
- 3) Belt rank(s)
- 4) Judo Canada #

Please note: this event is inaugural and does not have weight or point value with regards to dan grading. It is a creative exercise for Judoka to enjoy. Please see the Freestyle Judo demonstration policies on the registration page for more info.

NEARBY ACCOMMODATIONS

Hampton Inn by Hilton Peterborough

3900 Fisher Dr, Peterborough, ON K9J 6X6

+17052706280

SUPER 8 by Windham

1257 Lansdowne St W, Peterborough, ON K9J 7M2

+17052430210

Comfort Hotel and Suites

1209 Lansdowne St W, Peterborough, ON K9J 7M2

+17057407000

Quality Inn Peterborough

1074 Lansdowne St W, Peterborough, ON K9J 1Z9

+17057486801